

The Prairie Club's Sailing Program at Camp Hazelhurst

Randy Lutter and Cindi Sartain

July 2023

Welcome to the Prairie Club's sailing program at Camp Hazelhurst. We want to make sailing accessible to Prairie Club members and guests who would not otherwise sail at Hazelhurst. Camp Hazelhurst has two Prairie Club sailboats, a Sunfish and a Hobie Wave, which are both fun for beginning and intermediate sailors. Compared to the Sunfish, the Hobie is harder to flip and harder to right, but it sails better with more and / or heavier sailors.

To use these sailboats, you, as a Club member or guest at least 12 years old, need to

- 1) Read and sign the waiver of liability available at the Prairie Club's Camp Hazelhurst [boat program website](#), and send an image or copy of the signed document to both rwlutter@gmail.com and CindiSartain@gmail.com. The Waterfront Director also has printed copies that you can sign on the beach.
- 2) Watch the following videos to learn or to refresh your memory, as appropriate. Some are worth watching twice.
- 3) Swim to the sand bar and back with the Waterfront Director or Randy or Cindi as witness. Even if you are a strong pool swimmer you may (re)learn how hard it is to swim straight without lines at the bottom of a pool or how fatiguing cold water can be.
- 4) Let Randy or Cindi know when you would like to take a verbal sailing proficiency test and we will arrange a mutually convenient time. Tests will cover
 - a. Rigging
 - b. Sailing, including tacking and jibing
 - c. Righting a capsized sailboat
 - d. Basic rules of the road.
 - e. Lake Michigan wind and weather risks
- 5) Depending on our assessment of your proficiency and the wind conditions, we may authorize you to launch and skipper a sailboat and or to attend in-person practice sessions. Authority to skipper may be upgraded to more demanding sailing conditions after additional proficiency tests.

You may ask Randy for private lessons, schedule and weather permitting.

If you are new to sailing at Hazelhurst, we strongly recommend that you download and use a free app called Teamreach and enter groupcode HHLMSail. That Teamreach group enables all Hazelhursters and guests wanting to sail as crew to meet Hazelhursters who may want crew for their own sailboats. In general

- Hazelhursters wanting to sail as crew are willing to help with setting up and taking down sailboats and expect to learn more about sailing at Hazelhurst.

- Hazelhursters seeking crew for their sailboats expect their crew to help with setting up their boats and taking them down at the end of the day, and are willing to share tips about sailing, including good boat management and boating safety on the big Lake.
- Hazelhurst weather is quite variable, but forecasts useful to sailors are available through two free apps: iKitesurf and Windfinder.

Sailing Basics An introduction to the physics of sailing, from MIT.

<https://www.youtube.com/watch?v=YAeSFwzRETY>

Sunfish: Rigging <https://www.youtube.com/watch?v=Z2smp48wjbM>

Tacking <https://www.youtube.com/watch?v=-gftSJeQ50c>

Also https://www.youtube.com/watch?v=EP_AELYURqI

Demo and practice <https://www.youtube.com/watch?v=ZdghqTKdZ2o>

Tips for better Sunfish sailing <https://www.youtube.com/watch?v=4RL0hhdY>

Righting a capsized Sunfish <https://www.youtube.com/watch?v=Lwokzilcivk>

Analysis of a sailor's mistakes https://www.youtube.com/watch?v=ZsnX_HhCh6w

Hobie Wave Rigging <https://www.youtube.com/watch?v=TPnm6LGSUrU>

Sailing <https://www.youtube.com/watch?v=bWJmWyTmWPK>

Righting a capsized Hobie Wave <https://www.youtube.com/watch?v=eDnmeXyr6B0>

Sailing Essentials:

Rules of the road <https://www.youtube.com/watch?v=iS8d00QjU5Q>

How to rescue a sailor who has fallen overboard. These unfortunate sailors seem to be all men, hence these called are man overboard drills.

<https://www.youtube.com/watch?v=PDS8gGQL67A>

Lake Michigan Weather

Seven day National Weather Service forecast

<https://forecast.weather.gov/MapClick.php?lat=41.876&lon=-86.628>

National Weather Service announcement about thunderstorms and boating.

<https://www.youtube.com/watch?v=7GoFYqDh3Q>

