

## The Prairie Club's Sailing Program at Camp Hazelhurst

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Welcome to the Prairie Club's sailing program at Camp Hazelhurst. We want to make sailing accessible to Prairie Club members and guests who would not otherwise sail at Hazelhurst. Camp Hazelhurst has two Prairie Club sailboats, a Sunfish and a Hobie Wave, which are both fun for beginning and intermediate sailors. Compared to the Sunfish, the Hobie is harder to flip and harder to right, but it sails better with more and / or heavier sailors.

To use these sailboats, you, as a Club member or guest at least 12 years old, need to

- 1) Read and sign the waiver of liability available at the Prairie Club's Camp Hazelhurst [boat program website](#), and send an image or copy of the signed document to both [rwlutter@gmail.com](mailto:rwlutter@gmail.com) and [CindiSartain@gmail.com](mailto:CindiSartain@gmail.com).
- 2) Watch the following videos to learn or to refresh your memory, as appropriate. Some are worth watching twice.
- 3) Swim to the sand bar and back with Randy or Cindi as witness. Even if you are a strong pool swimmer you may (re)learn how hard it is to swim straight without lines at the bottom of a pool or how fatiguing cold water can be.
- 4) Let Randy or Cindi know when you would like to take a verbal sailing proficiency test and we will arrange a mutually convenient time. Tests will cover
  - a. Rigging
  - b. Sailing, including tacking and jibing
  - c. Righting a capsized sailboat
  - d. Basic rules of the road.
  - e. Lake Michigan wind and weather risks
- 5) Depending on our assessment of your proficiency and the wind conditions, we may authorize you to skipper a sailboat when we are present, or in specific conditions attend in-person practice sessions. Authority to skipper may be upgraded to more demanding sailing conditions after additional proficiency tests.

If you are new to sailing at Hazelhurst, we strongly recommend that you download and use a free app called Teamreach and enter groupcode HHLMSail. That Teamreach group enables all Hazelhursters and guests wanting to sail to chat, schedule events, share pictures and find others to sail with.

- Hazelhurst weather is quite variable, but forecasts useful to sailors are available through two free apps: iKitesurf and Windfinder, Weko Beach buoy (in Bridgman).

**Sunfish:** Rigging, parts one and two

<https://www.youtube.com/watch?v=A-ikweQ5K9A>

<https://www.youtube.com/watch?v=jNpLpYhWVdc>

Tacking <https://www.youtube.com/watch?v=-gftSJeQ50c>

Also [https://www.youtube.com/watch?v=EP\\_AELYURqI](https://www.youtube.com/watch?v=EP_AELYURqI)

Demo and practice <https://www.youtube.com/watch?v=ZdghqTKdZ2o>

Tips for better Sunfish sailing <https://www.youtube.com/watch?v=4RLOhhhgdyY>

**Righting a capsized Sunfish** <https://www.youtube.com/watch?v=Lwokzjlcjvk>

Analysis of a Sunfish sailor's mistakes

[https://www.youtube.com/watch?v=ZsnX\\_HhCh6w](https://www.youtube.com/watch?v=ZsnX_HhCh6w)

**Hobie Wave** Rigging <https://www.youtube.com/watch?v=TPnm6LGSUrU>

Sailing <https://www.youtube.com/watch?v=bWJmWyTmWPk>

**Righting a capsized Hobie Wave** <https://www.youtube.com/watch?v=eDnmeXyr6B0>

**Sailing Essentials:**

Principles: An introduction to the physics of sailing, from MIT.

<https://www.youtube.com/watch?v=YAeSFwzRETY>

Rules of the road <https://www.youtube.com/watch?v=iS8dO0QjU5Q>

**How to rescue a sailor who has fallen overboard.** These unfortunate sailors seem to be all men, hence these called are man overboard drills.

<https://www.youtube.com/watch?v=PDS8gGQL67A>

**Lake Michigan Weather**

Seven day National Weather Service forecast

<https://forecast.weather.gov/MapClick.php?lat=41.876&lon=-86.628>

National Weather Service announcement about thunderstorms and boating.

<https://www.youtube.com/watch?v=7GofYqDh3Q>